FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					1									1_						
1. Name and Address of Reporting Person* VIRGINIA RETIREMENT SYSTEM						2. Issuer Name and Ticker or Trading Symbol BlackRock Kelso Capital CORP [BKCC]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
VIRGINIA RETIREMENT SYSTEM															[Director		X 10% C	wner	
(Last) (First) (Middle) 1200 EAST MAIN STREET						3. Date of Earliest Transaction (Month/Day/Year) 12/13/2010										Officer (give title pelow)		Other below)	(specify	
					4. If	Amen	dment.	Date o	of Origin	al File	d (Month/Da	av/Yea	ar)	6.	Individu	ıal or Joint/Grou	p Fili	ina (Check A	pplicable	
(Street)												,	- /		ne)			3 (.,	
RICHMO	OND VA	A 2	23219												X	orm filed by Or	e Re	eporting Pers	on	
															Form filed by More than One Reporting Person					
(City)	(St	ate) (Zip)																	
		Tabl	e I - N	on-Deriv	ative	Sec	uritie	s Ac	quirec	l, Di	sposed o	f, or	Ben	eficia	ally O	vned				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities A Disposed Of (I			s Acquired (A) or of (D) (Instr. 3, 4 a			5) S B O	Amount of ecurities eneficially wned Following eported	Fo (D)	Ownership rm: Direct) or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount (A		(A) or (D)	Price	Ti	ransaction(s) nstr. 3 and 4)			(111511.4)	
Common Stock, par value \$0.001 12/13				12/13/2	010)10		S		2,779,000	0 ⁽¹⁾ D \$		\$11	.63	16,137,201		D			
		Та	ıble II -								osed of, convertib				y Own	ed				
1. Title of Derivative Security (Instr. 3)			4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of			8. Price Derivat Securit (Instr. 5	derivative Securities	,	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

1. Acquired on 7/25/2005 and indirectly owned through BlackRock Kelso Capital Holding LLC. BlackRock Kelso Capital Holding LLC later distributed the shares to Virginia Retirement System. The shares were directly held prior to this sale.

<u>/s/ Larry D. Kicher</u> <u>12/15/2010</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.