FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>VIRGINIA RETIREMENT SYSTEMS ET</u> <u>AL</u>					2. Issuer Name and Ticker or Trading Symbol BlackRock Kelso Capital CORP [bkcc]										k all app Dired Offic	olicable) ctor er (give title		Owner (specify
(Last) P.O. BOX	(Last) (First) (Middle) P.O. BOX 2500				3. Date of Earliest Transaction (Month/Day/Year) 08/05/2013										< than 10% owner file 90 days			
(Street) RICHMOND VA 23218 (City) (State) (Zip)					4. If <i>i</i>	, ,									p Filing (Check Applicable e Reporting Person ore than One Reporting			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Date,					4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4				Secur Benef	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) (D)	or P	rice	Trans	action(s) 3 and 4)		(Instr. 4)
Common Stock Value \$0.001 08/05/2					2013	.013			S		59,800]]) \$	10.287	87 5,889,642		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. Convers or Exerc Price of Derivativ Security		3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)				e	7. Title and Amount of Securities Underlying Derivative Security (Instr and 4) Amou or Numb of Title Share		Der Sec (Ins	rice of ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

Curtis M. Mattson

08/06/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.